



Items for the newsletter should be emailed to

newsletter@eastwoodu3a.org

Deadline for April 2024 newsletter - Monday 18th March



MONTHLY MEETING

Wednesday 6th March

Janet & Paul Barrass (*Speakers*)

The Swinging Sixties

Janet and Paul Barrass – *also known as All Around the Shire* - are popular interactive social history presenters on various topics often complete with costumes and props.

Paul is a retired Senior Occupational therapist who worked for the NHS for 37 Years. He specialised in older peoples' Mental Health and has extensive experience of working with people with different types of dementia.

Janet worked as a special needs teacher, a nurse and also in the social care sector. She has written her first book of recipes and reminiscences: "*Mealtime Memories*."



Roger Kidd - Speaker Finder

SIGNING IN

Part of our risk assessment is to keep accurate records of attendance in case of a fire alarm. Please make sure that you are signing in, particularly if you come in through the car park entrance. If you need to leave early, then it is fine to sign yourself out on the sheets in the foyer.

HEADSETS

We already have reserved seating at the front of the hall for the monthly meetings, for those who will find it easier to access the speaker. In addition, headsets are available to help the hard of hearing. Please talk to a member of the committee if you would like to try one out.

WEBSITE

This is a plea to all group contacts to ensure that our website is kept up to date. If you are sending in an article for the newsletter, then please also add the website address so that the editors can update the information for your group. The website is the first place of call for visitors or any existing members who are looking to join new groups. The email addresses are:

newsletter@eastwoodu3a.org and
webeditor@eastwoodu3a.org

Janet Lander

u3a AGM

NOTIFICATION OF EASTWOOD & DISTRICT u3a AGM

The 10th Annual General Meeting of Eastwood & District u3a will be held on the 5th June 2024. Please consider whether you are able to put your name forward to be on the committee. Descriptions of all committee roles can be found on the website.

<http://eastwoodu3a.org/committee/descriptions-of-committee-roles/>

If you want more information, please talk to any member of the committee.

Barry Doran - Chairman

NEWSLETTER POSTAL CHARGE

Members who are not on the internet and would like the newsletter posted to them can do this by paying £10 on top of their annual subscription. This is less than the true cost but it reflects a commitment to receiving it.

EXECUTIVE COMMITTEE NOMINATIONS

The following members are willing to be nominated for the coming year:

Janet Lander (*Business Secretary*)

Keith Sherwood (*Treasurer*)

Anne Steel

Doris Fellows

Madeleine Fletcher

Sharon Dudley

Roger Kidd

The following officer posts are likely to be vacant:

Chairman

Vice-Chairman

We now need nominations for these members and others. Nomination forms will be displayed in the church at the monthly meeting.

Where two or more members are nominated for the same officer position a ballot will be held.

u3a

MEMBERSHIP SUBSCRIPTION

Membership subscriptions are due before the 1st April 2024. Renewal forms are available on the website

www.eastwoodu3a.org/forms

Whichever method you use to pay your subscription you MUST fill in a renewal form.

If there are no changes to your details, fill in your name, membership number and date and sign the top section of the form. You must then complete the Privacy Statement to confirm your consent to the storage and use of your data.

The current subscription is £20 for the year, £12 for Associate Members.

WAYS TO PAY

If possible please pay your subscription by Bank transfer - a one-off bank payment. You must also complete a renewal form and email the treasurer to confirm payment.

Name of payee: Eastwood & District u3a

Sort code: 60-07-28

Account no: 456 35 714

Reference: Your name & membership no (this is essential for the treasurer to pick out who has paid)

Amount: £20

You can pay by Bank transfer through your local post office if you don't bank online.

We will be collecting subscriptions at the Monthly Meeting but if you don't attend and you want to pay by cash or cheque please contact Barry Doran:

membership@eastwoodu3a.org

Tel: 07565 928 992

GIFT AID

We gain useful income for the u3a through the use of Gift Aid. If you are able, please consider this when renewing your membership.

JOINT GIFT AID

If you have signed a gift aid form for yourself and others in your household, the person who completed the gift aid form must pay the full joint amount & sign the renewal form.



EASTWOOD & DISTRICT u3a HISTORY

Interest Groups, Outings, Monthly Meetings

By August 2014 the first interest groups had been set up, group contacts appointed and some of the groups had met. Bridge was the first, meeting at Barbara Wigley's house, closely followed by Walks 5 miles, which is still going strong with the same original contact - Roger Reynolds.

Six of the first nine groups are still meeting: Book Group, Craft, Spanish, Gardening, Strollers and Walks 5 miles.

Initially there was the problem of finding venues. Group Coordinators, Jim and Lorna Stirland came up with the brilliant idea of using the pubs and cafés in the area. They negotiated an agreement for free use of their premises in return for members buying a drink. This has become the norm and many groups still meet today on this basis.

A social sub-committee was set up and a diary of monthly events was planned - initial meeting for drinks at the White Bull, visit to Beauvale Priory, trip to Mansfield Museum, Christmas concert and fuddle, theatre visit, and a trip to the National Memorial Arboretum in the following spring. Joan, Jill and Sandra did a sterling job of organising a variety of outings for many years.

Eastwood & District u3a were accepted as full members of the Third Age Trust and by October we were able to access the national resource centre, subject specialists, subject leaflets and publicity materials. We were also able to order the Third Age Trust magazine to be delivered to members.

By the end of the year we had 148 Members and 20 interest groups. By the end of our membership year, 31st March 2015, the membership total was 209! Beyond anything we could imagine.

At the monthly meeting (held in Plumtre Hall) Ray Dring and his crew had the sound/PA system working. We had rotas for volunteers - to sign people in and make tea and coffee in the break. The committee (and Ray's group) were arriving at the crack of dawn to get the room ready - hoping the key was available when they got there!



Coffee Mates at the Coffee Lounge in Kimberley, early 2015.

Margaret Naylor

MYRTLE IS 100 !

Myrtle was 100 on the 5th January. She is a member of the Creative Crafts group and we celebrated with a cake made by Caroline Winfield.



Margaret Naylor

POETRY

THE HOUSE IN THE WOODS

Deep in the trees and racked with age,
its broken facade shrouded in foliage,
the eerie enchanted house
dares the curious to approach.
Strangers walking there tell of an unease,
a feeling of mysterious evil.
Doors hang dangerously
from off their rusting hinges.
Cobwebs cling creepily to walls and broken windows,
smashed by boys playing dare.
Listen to the creaks and groans of past agonies and evils.
Myths and legends of witches or murder
ebb and flow through the telling.
A sigh breathes through the rooms
where joy and sorrow existed .
Creepers embrace the walls as if to comfort,
drawing the dwelling back into nature.
Unwanted and unloved, the real story long forgotten.

Pat Potter Jan '24

NEW GROUPS?

Does anyone have any ideas for new groups that they would be interested in attending or running?

If so, please contact the group co-ordinators Anne and Madeleine at:

groups.coordinator@eastwoodu3a.org

GOGGLEBOX

In February, we discussed *Vanishing Act* and *Mr. Bates vs. the Post Office*. *Vanishing Act* is based upon a real crime, but none of us liked it, or could easily understand Melissa Craddock's motivation and lifestyle. It was suggested that most of the actors were chosen for their resemblance to the real characters, rather than their acting ability. On the other hand, *Mr. Bates vs. the Post Office* was thought by the majority to be very good at explaining in detail the horrors of what has happened. We were shocked that it took a TV programme to attract everyone's attention.

In March, we will be discussing *After the Flood* (ITVX) and *Around the World in 80 Weighs* (Channel 4).

Janet Lander

FRENCH CONVERSATION

Cette semaine il n'y avait que quatre personnes donc nous avons joué au trivial pursuit. Nous nous sommes vraiment amusés comme toujours.

Aussi, nous avons lu une scène ensemble. C'était au sujet d'une prostituée (ou femme de nuit) à Montmartre qui s'appelait Donatella. Nous avons appris beaucoup de nouveau vocabulaire!!!! 😊

Tu vois ce qui se passe quand tu pars en vacances, Pauline! 😊



Melanie Weston

FROM THE ED

Thank you to everyone who has contributed to this month's edition of the newsletter.

New members can find it tricky to know exactly what goes on in our groups. It would be great if we could have some reports - no matter how short - from groups we've not heard from for a while.

(PRE)WAR BABIES AND BOOMERS

At our October meeting we discussed jobs, trades, and professions that were around when we were young, but now no longer exist. It was a surprisingly long list! Some of us who worked in offices remember: comptometer operators, and punch-card operators, short-hand typists, Banda, Roneo and Telex machines, telephone exchanges, carbon paper, and Tippex.



Other trades included ship building, rope making, anchor-chain makers, coal mining, knife makers, wooden window-frame joiners, sign-writers, coalmen, chimney sweeps, bus conductors, brewery draymen, milkmen (although these may be coming back in some areas).



Photo courtesy of Tiffany Terry from Penzance, Cornwall

There were the pop-bottle deliverers, rag-and-bone men, corner shopkeepers and small co-ops where food was measured out and folded into brown paper bags, rent collectors, weekly insurance and divi collectors, TV rentals collectors, fishmongers.

Big employers in the area were Players, Raleigh, Wolsey, Aristoc, banks and the coal mines.



Raleigh HQ, Lenton

The local policeman, school attendance officer, and nit nurse, were people to be respected.



I am sure there are many more. Can you think of any that have been missed?

Ann McGillivray



LOVE IN THE AGE OF GOOGLE



is love **an abstract noun**
is love **a verb**
is love **actually on Netflix**
is love **a word**

love is **a temporary madness**
love is **a hurricane**
love is **a smoke made with the fume of sighs**
love is **a losing game**

can love **last forever**
can love **break your heart**
can love **shop vouchers be used online**
can love **bites scar**

love can **build a bridge**
love can **set you free**
love can **hurt ed sheeran**
love cannot **heal me**

does love **cure depression**
does love **have an age**
does love **joy marry charlotte**
does love **always fade**

love does not **need an explanation**
love does not **exist**
love doesn't **need a slogan**
love is **all there is**

Brian Bilston

A poem created from Google search questions by kind permission of the author.

Sudoku 3

4	7			2		6		3
9	6					8	2	5
	2	1	3	8				
3			1				9	
7		6	2	3	8	1		4
	5				4			7
				5	3	4	6	
8	4	5					3	1
6		9		4			7	2

9 Letter Word Puzzle - No 3

I	N	G
T	E	G
T	A	R

- How many words can you make from these letters?
- Words must be at least 4 letters long and must contain the middle letter.
- Try to make a 9 letter word if you can.
- **Extra challenge** – make longer words by using letters more than once.

SUDOKU 2 ANSWERS

2	4	7	1	5	9	8	6	3
3	1	8	7	6	2	5	9	4
9	6	5	8	3	4	2	7	1
4	3	2	9	8	1	6	5	7
6	8	1	3	7	5	4	2	9
7	5	9	4	2	6	3	1	8
8	9	6	5	4	7	1	3	2
1	2	3	6	9	8	7	4	5
5	7	4	2	1	3	9	8	6

WORD PUZZLE 2 ANSWERS

C I D O F N N E T

9 letter words	8 letter words
confident	confined
7 letter words	4 letter words
noticed	cine
confide	cent
contend	cote
6 letter words	coin
notice	nice
coined	deco
infect	once
5 letter words	co-ed
edict	code
coned	dice
tonic	cite
cited	cone
	icon

Extra challenge - using letters more than once

deficient	decided
confided	decent
contended	ceded
efficient	cede
defected	deficit
effected	decide
detected	detect
detection	defected
iconic	office
decoded	ceded

GROUP INFORMATION

If you have ideas for new groups or need further information contact:

groups.coordinator@eastwoodu3a.org

Art Appreciation: meet in Brinsley Parish Hall, 3rd Monday @ 10:30 am.
Contact Helen 01773 710 743

Board Games: meet in The Hayloft, 2nd and 4th Monday @ 1.30 pm. **Next meeting not until Monday 8th April.**
Contact Pauline Dawkins 01159 383 530

Book Group: meet 1st Monday @ 11.00 am in Eastwood Library.
Contact Sue 01773 717676 or Pauline 01773 788366

Café Culture meet in various venues on the 2nd Wednesday at 10.30 a.m. **New members welcome!**
Contact Margaret 07828 155 086

Canasta: meet in The Hayloft, 2nd & 4th Thursday @ 11.00am.
Contact Nina 01773 717 770

Church History:
Contact Marianne 01159 134 077

Coffee & Co: meet in various venues on the 4th Wednesday @ 11.00 am.
Contact Barbara 01159 468 721

Coffee Mates: members have a choice of dates each month.
Contact Andrea 07927 660 408

Creative Crafts: meet in Rumbletums 2nd Wednesday 1-2.30 pm and 3rd Thursday 10.00 – 12.00 noon.
New Members welcome!
Contact Jackie 07580 340 014

Creative Writing:
New members welcome!
Contact Chris 07891 032 300

Family History: meet in The Hayloft on the 4th Monday, 11.00 – 12.30 pm.
Contact Diana 0115 9 169 343

French Conversation: meet in The Hayloft on the 2nd and 4th Tuesday of the month at 10.00 am.
New members welcome!
Contact Pauline 01773 788 366

GROUP INFORMATION

Gogglebox: meet in The Hayloft on the 3rd Tuesday, 11.00 – 12.30 pm.
New members welcome!
Contact Janet 07889 976 342

History of England: meet in The Hayloft, 1st Thursday @ 10.00 am.
Contact Janet 01773 770 183

National Trust: meet in The Dog & Parrot on 1st Monday each month @ 10.00 am.
Contact Yvonne 01773 712 530

Photography: meet in Brinsley Parish Hall on 3rd Tuesday @ 10.00 am.

New members, beginners & enthusiasts all welcome.
Contact Barbara 01773 786 004 or 07977109451

Psychology: meet in Rumbletums on the 4th Wednesday @ 1.00 pm.
Contact Jim 07977 415 072 or Diana 01159 169 343

Pub Pals:
Contact Janet 07961 832 864 or Rob 07845 177 500

Social Trips: Day trips out to various locations.
Contact Sandra tel. 07930 752 808

Spanish: meet on the 2nd & 4th Wednesday 11.00am - 12.30 pm @ Julie's Tea Rooms.
New members welcome!
Contact Paul 01159 133 449

Strollers: This group has now finished for the Winter and will recommence in the Spring.

Walks, 5 miles: Meet on Tuesday 5th March at 10 am Shipley Country Park, Car Park - near the visitor centre.
Contact Roger Reynolds for further information
01773 788169/07879492779

War Babies & Boomers:
Contact Ann warbabies@eastwoodu3a.org

Whist: meet at The Hayloft, Giltbrook on the 2nd and 4th Thursday of the month at 2.00 pm.
Contact Glenis 01773 715 040

Wine Appreciation: meet in The Hayloft on the 2nd Monday @ 7.00 pm.
Contact Chris 07779 375865

GROUPS COORDINATORS

Anne's Groups	Madeleine's Groups	Formerly Marianne's Groups
1. Board Games	1. Art Appreciation	1. Book Group
2. Coffee Mates	2. Cafe Culture	2. Canasta
3. Creative Crafts	3. Church History	3. Gogglebox
4. History of England	4. Coffee & Co	4. Pétanque
5. Pub Pals	5. Creative Writing	5. Photography
6. National Trust	6. Family History	6. Social Trips
7. General Gardening	7. French Conversation	7. Theatre
8. War Babies and Boomers	8. Psychology	8. 5ml Walks
	9. Spanish	9. Wine Appreciation
		10. Whist