



Items for the newsletter should be emailed to
newsletter@eastwoodu3a.org

Deadline for March 2023 newsletter - Monday 16th February

MONTHLY MEETING

Feb 1st 2023

Showcase Event

We look forward to welcoming members and visitors to this event, which will last from 10.00 am to 11.30 am in the church. Refreshments will be served throughout the morning. It will be a good opportunity to look at what your own group has been doing, and also to find out what other groups have to offer. Sign up sheets will be available for those who are interested, with waiting lists as necessary. It is possible that a second group could start if there is enough interest. It would be good to invite friends to attend so that they can find out what we are all about.

VOLUNTEERS

Setting Up: Rob Leam, Ernie Thornhill, Ivan Brown.

Refreshments: Sue Whittamore, Heather Wright, Val Tebbutt, Christine Millington.

Signing In: Linda Rothwell, Celia Dorkes.

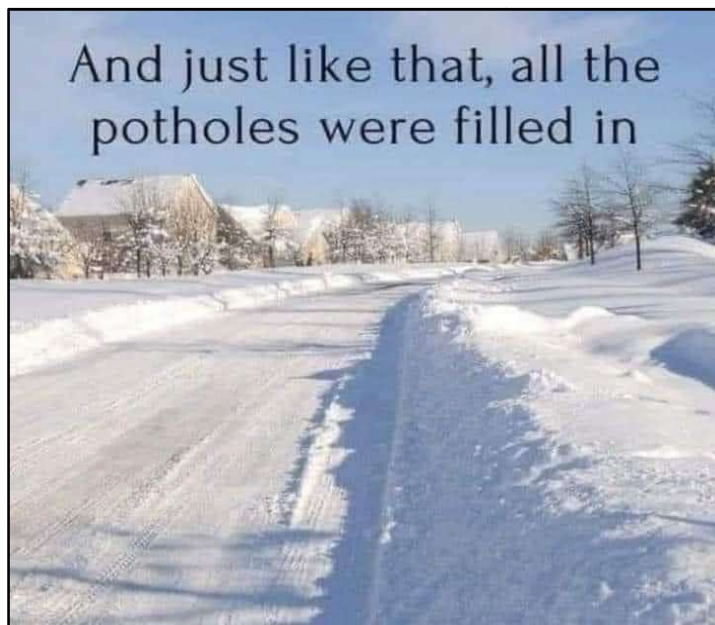
Meet and Greet: Doris Fellows, Mary Brown.

NB. Some of you may have noticed that the temperature in the hall has been quite cool. The committee have investigated the reasons for this and it should be much warmer from now on.

RESERVED SEATS AT THE MONTHLY MEETING

At the monthly meetings, there will be reserved signs on some of the front seats, so that it will be easier for any who are especially hard of hearing, or have eyesight issues, to enjoy the speaker. Please feel free to sit on one of these seats if it would be of benefit to you.

Janet Lander



Disco Dance

Music of
60s/70s/80s/90s

Greasley Miners Welfare

Saturday 11th March 2023 - 7:30 'til late

Tickets £4. 00 per person. For tickets or further information please contact Jan on 07961832864, or Andrea on 07927660408

The Disco is classed as a social event, so tickets are available for non u3a members should you wish to bring friends.

Even if you're not into "bopping" why not come along for some good music and good company, and support what is our first Social Event since 2020.

Jan

GROUP NEWS

As The Sun Inn now opens from 12 noon, several groups have moved to other venues.

Canasta – Hayloft

Family History - Hayloft

Gogglebox – Hayloft.

History of England – Julie's on Mansfield Road.
NB. 10.00 am start.

Spanish – new venue tba

NOTIFICATION OF EASTWOOD & DISTRICT U3A AGM

The 9th Annual General Meeting of Eastwood & District U3A will be held on the 7th June 2023. Please consider whether you are able to put your name forward to be on the committee. Descriptions of all committee roles can be found on the website

<http://eastwoodu3a.org/committee/descriptions-of-committee-roles/>

If you want more information, please talk to any member of the committee.

Membership Secretary membership@eastwoodu3a.org

Tel 07565 928 992

Executive Committee Members:

eastwoodu3a@gmail.com

Website: www.eastwoodu3a.org

A MAGICAL BOXING DAY

The mobile phone rang and a friend told me her son was ill and had to cancel our arrangement to spend the afternoon together. This gave me an afternoon free, so I asked my husband if we could go to Heanor and watch our grandson play football. Kaine Bray had recently been promoted into the main team.

The weather was dry, but bitterly cold, so we both wrapped up in warm clothing. Heanor Town was to play Belper Town. I knew that my daughter Mikina and her husband Shaun would be there to watch their son. I didn't want to carry a handbag, so I popped a £20 note into my pocket. Arriving at Heanor Football Ground I paid £4 each to get in (Pensioner's rate). Soon after we arrived the teams appeared, as did my daughter and hubby. Sadly, I noticed my grandson was sitting in the dugout. The whistle blew and the game started at a great pace with Heanor Town scoring 2 goals very quickly.

Half time came and I sent my hubby off to buy chips with clear instructions for lots of vinegar and some salt. By the time he returned with 2 lots of chips the game had started again. Munching on my chips, which seemed to taste odd, I offered my daughter some and she said that they had sugar on them. I took them back to the café and asked if I could wash off the sugar. "Who put sugar on?" they asked, to which I replied "My husband", "Oh, that's the first time that this has happened" and kindly replaced them with another tray. Whilst finding the salt and vinegar, I was listening to the larger than normal crowd cheering, Belper Town had scored. By the time I got back to my family Belper Town had equalised 2-2. My grandson was still sitting on the bench. With Mikina's help we finished the chips and Belper Town had scored 2 more goals and were winning 4-2. The sun had disappeared by then and we were getting cold, so we left with about 10 minutes to go. I waved goodbye to Kaine who was still on the bench.

Passing through Langley Mill I could see that ASDA supermarket was open and I needed some things for the following day when my eldest grandson, his wife and daughters were to visit us.

Leaving my husband in the car listening to the radio, I took a basket and started shopping. I had not got far into the store when my mobile rang. It was Mikina, she told me that her son Kaine had been called on to play and he scored for Heanor Town straight away and was close to scoring another before the final whistle. I was sad to have missed it, but was glad that he had done so well.

Arriving at the checkout I noticed that there were only the do-it-yourself tills open (I don't like them and don't use them normally). Standing there I noticed that there were 3 young lads helping customers and 1 came to me asking if I needed help, to which I replied "Yes please". "Do you want me to put them through for you?". "Yes please". While he was putting my items through, he said to me "I wish I knew how to be happy". I thought it a very strange and sad thing to say and feel. "Your total is £8.01". I counted up the only money I had left from the £20 that I started out with and only had £6.25". The young assistant told me not to worry and left me looking at my purchases wondering which one had to be put back on the shelf. Looking around I saw my young helper speaking to a young woman, then went over to a very large cupboard with keys, unlocked it, took something out, then returned to me. "Don't worry" he said "you won't have to put anything back". Putting the £6.25 into the machine he then added some money to make up the total required. Placing the purchases of milk, bread, 2 packs of ham, cheese and 2 bananas into my hands (no shopping bag!). I walked out of the shop in amazement to the car, struggling to open the car door with both hands full I dropped all the shopping, except for the milk, onto the farmac, suddenly from nowhere a lady was scooping up my shopping and placed all back into my arms saying "Merry Christmas" and disappeared as quickly as she had appeared. Placing it all on the back seat of the car I told my husband what had happened – my grandson scoring for his team the £1.76 paid by a kind and thoughtful employee of ASDA and a lady coming out of nowhere helping me in the carpark.

A TRULY MAGICAL DAY!

Nina Moore

GROUP COORDINATORS

Anne's Groups	Madeleine's Groups	Marianne's Groups
1.All things environment	1.Art Appreciation	1. Bird watching
2.Board Games	2.Bowls (no longer meeting)	2. Book group/s
3.Bridge	3.Church History	3. Canasta
4.Coffee Mates	4.Coffee and Co	4. Gogglebox
5.Creative Crafts	5.Creative Writing	5. Petanque
6.History of England	6.Family History	6. Photography
7.Pub Pals	7.French Conversation	7. Theatre
8.National Trust	8.Local History (no longer meeting)	8. 5ml Walks
9.Radio Waves	9.Poetry (no longer meeting)	9. Wine Appreciation
10.Strollers	10.Psychology	10. Geology - not running now
11.General Gardening (out of season)	11.Rediscovering Nottingham (maybe starting in the Spring/Summer)	11. Skittles (suspended)
12.War Babies and Boomers	12.Spanish	12. Ukulele (suspended)

GROUP INFORMATION

If you have ideas for new groups or need further information contact:

groups.coordinator@eastwoodu3a.org

Art Appreciation: meet in Brinsley Parish Hall meeting room on the 3rd Monday @ 10:30 am. Contact Helen 01773 710 743

Bird Watching & Wildlife: meet 3rd Thursday @ 10.30 am. Contact Paul 07986 037 871

Book Groups (1/2): meet in Eastwood Library, 1st Monday/1st Saturday respectively @ 11.00 am. Contact Sue 01773 717 676 or Pauline 01773 788 366

Bridge: meet upstairs at the Horse & Groom on agreed Mondays @ 2.00 pm. **New members welcome!** Contact Maureen 07968 121 246

Canasta: meet in the Hayloft, 2nd Thursday @ 11.00 – 13.00 pm. Contact Nina 01773 717 770

Church History: Contact Marianne 01159 134 077

Coffee & Co: meet in various venues on the 4th Wednesday @ 11.00 am. Contact Barbara 01159 468 721

Coffee Mates: members have a choice of dates each month. Contact Andrea 07927 660 408

Creative Crafts: meet in Rumbletums 2nd Wednesday 1-2.30 pm and 3rd Thursday 10.00 – 12.00 noon. Contact Margaret 07828 155 086

Creative Writing: New members welcome! Contact Chris 07891 032 300

Family History: meet in the Hayloft on the 4th Monday, 11.00 – 12.30 pm. Contact Diana 0115 9 169 343

French Conversation: are now meeting in the homes of group members on 2nd & 4th Tuesday 10.00 am. **New members welcome!** Contact Pauline 01773 788 366

Gogglebox: meet in the Hayloft on the 3rd Tuesday, 11.00 – 12.30 pm. **New members welcome!** Contact Janet 07889 976 342

History of England: meet in Julie's Tea Rooms, Mansfield Road, Eastwood, 1st Thursday 10.00 am. Contact Janet 01773 770 183

National Trust: meet in the Dog & Parrot on the 1st Monday each month @ 10.00 am. Contact Yvonne 01773 712 530

Pétanque: meet at The Foresters, Newthorpe on the 2nd Thursday and 3rd Wednesday. Contact Colin 01773 715 493

Photography: meet in Brinsley Parish Hall on 3rd Tuesday at 10.00 am. New members, beginners and enthusiasts all welcome. Contact Barbara 01773 786 004 or 07977 109 451

Psychology: meet in The Sun Inn 4th Wednesday at 1.30 pm. Contact Jim 07977 415 072 or Diana 01159 169 343

Pub Pals: Contact Janet 07961 832 864 or Rob 07845 177 500

Spanish: meet on the 2nd & 4th Wednesday 11.00 - 12.30 am, venue tba. **New members welcome!** Contact Paul 01159 133 449

Theatre Group: meet in Dora Phillips Hall, Eastwood on 2nd Tuesday 1.00 – 3.00 pm. Contact Marianne 01773 717 500

Walks, 5 miles: Meet on Tuesday 7th February at 10.45 am, under the Dome, Exchange Shopping Arcade, Council House Nottingham. Contact Roger Reynolds for further information 01773 788169

War Babies & Boomers: next meeting is in Brinsley Lodge on February 28th at 11.00 am. Contact Ann warbabies@eastwoodu3a.org

Wine Appreciation: meet in the Sun Inn on the 1st Monday @ 7.00 pm. Contact Tom 01773 762 333

PHOTOGRAPHY

The new re-established photography group has held its first meeting of the year, where each member showed 2 pictures to the group based on a Christmas theme. This was great success and enjoyed by all.

Our members range from beginners to avid enthusiasts which is what makes it interesting and fun.

It has been agreed that from March onwards meetings will alternate between Brinsley Parish Hall and outside locations to practice our photography skills.

All new members are welcome, for further details contact Barbara Sherwood tel 07977 109 451

BIRDWATCHING & WILDLIFE GROUP

The 15th December saw us at Brinsley Headstocks. It was cold but a gloriously sunny morning. Along our walk we were joined by many grey squirrels and saw amongst others Greenfinch, Nuthatch, Blue tit, Great tit, Long tailed tit, Redwing, and various Corvids. The walk was followed by a fabulous social Christmas meal next door at Brinsley Lodge.

Paul & Chrys

**GOGGLEBOX**

We enjoyed our new meeting place at the Hayloft, which made us extremely welcome and served delicious cups of coffee. We discussed the Motherland Christmas Special and the first three episodes of Season 3 of Happy Valley. Although we agreed that there were funny sections in the Motherland programme, most members did not like the mix of tragedy and comedy, and said that they preferred last year's. Happy Valley was a unanimous favourite and we would all have been tempted to binge on the whole series if it had been available on i-player. The characters and script writing are phenomenal and absolutely riveting to watch. We enjoyed predicting what might happen in the next three episodes and various theories were proposed.

Next month we will be discussing The Light in the Hall (Channel 4) and 24 Hours in A and E (Channel 4) - the two episodes filmed in Nottingham at the QMC

Janet



"You have sprouts. It's something couch potatoes get after sitting for too long."

The adult version of "head, shoulders, knees and toes" is "wallet, glasses, keys and phone".

How to weigh yourself and get the most accurate result. I can't believe I have been doing it wrong all these years!



We must get the word out!

My neighbour's wife left him last Thursday, she said she was going out for a pint of milk and never came back!

I asked him how he was coping and he said, "Not bad, I've been using that powdered stuff."

NOTE FROM THE EDITOR

Thank you to everyone who has contributed to this month's newsletter. Please send your contributions for next month to: newsletter@eastwoodu3a.org

MEMBERSHIP SUBSCRIPTION

Membership subscriptions are due before the 1st April 2023. Renewal forms are available on the website www.eastwoodu3a.org/forms

Whichever method you use to pay your subscription you MUST fill in a renewal form.

If there are no changes to your details, fill in your name, membership number and date and sign the top section of the form. You must then complete the Privacy Statement to confirm your consent to the storage and use of your data.

The current subscription is £20 for the year, £17 for Associate Members.

WAYS TO PAY

If possible please pay your subscription by Bank transfer - a one off- bank payment. You must also complete a renewal form and email the treasurer to confirm payment.

Name of payee: Eastwood & District u3a

Sort code: 60-07-28

Account no: 456 35 714

Reference: Your name & membership no (this is essential for the treasurer to pick out who has paid)

Amount: £20

You can pay by Bank transfer through your local post office if you don't bank online.

If you want to pay by cash or cheque please contact Barry Doran membership@eastwoodu3a.org

tel: 07565 928 992

JOINT GIFT AID

If you have signed a gift aid form for yourself and others in your household, the person who completed the gift aid form must pay the full joint amount and sign the renewal form.

NEWSLETTER POSTAL CHARGE

Members who are not on the internet and would like the newsletter posted to them can do this by paying £10 with their annual subscription. This is less than the true cost but it reflects a commitment to receiving it.

WANTED

We are looking for volunteer(s) to help to prepare the newsletter each month. If you are interested, please let us know. Training in how to put the elements together provided if necessary.

We are also looking for someone who usually uses Zoom to attend the monthly meetings and who would be willing to act as a Zoom Controller, admitting those who are using the link. Again, training provided if necessary.

Happy Valentine's Day