

Items for the newsletter should be emailed to

[newsletter@eastwoodu3a.org](mailto:newsletter@eastwoodu3a.org)

**Deadline for August newsletter - Monday 18<sup>th</sup> July**

## EASTWOOD & DISTRICT U3A 8TH AGM

was held on  
Wednesday 8th June 2022 at 10.00 am  
in St Mary's Church, Eastwood and on Zoom

The meeting was quorate and all proposals were accepted and unanimously passed by the members present.



Retiring committee members Chris Niven and Margaret Naylor were both presented with a bouquet and card as thanks for their work, especially through lockdown.

## Monthly Meeting July 6<sup>th</sup>

### SCAMS, FRAUD + CYBER AWARENESS Presented by Anne Steel

How members can protect themselves online and on the telephone, detect scams and fraud and be generally better prepared on the internet.

This is to be a question and answer presentation. Anne would like your questions in advance if possible so that she can be prepared for the range of topics, though she will answer questions asked on the day.

Send your questions to [admin@eastwoodu3a.org](mailto:admin@eastwoodu3a.org)

**it's been months since  
I bought the book  
"how to scam people  
online"  
it still hasn't arrived  
yet.**

## MONTHLY MEETINGS

July 6<sup>th</sup> Anne Steele – Scams, Fraud & Cyber Awareness

Aug Summer break

If you want to join in on Zoom, please let me know before Monday 4th July 2022; I will then send the link out. If you haven't received the link by Tuesday 5th July please email.

[admin@eastwoodu3a.org](mailto:admin@eastwoodu3a.org)

## THE NEW COMMITTEE

**The following members were voted in at the AGM. The Chair and Vice Chair officer roles and other roles will be decided at the first committee meeting.**

Anne Steel

Barry Doran

Chrys Millington

Doris Fellows

Janet Lander

Business Secretary

Keith Sherwood

Treasurer

Linda Rothwell

Madeleine Fletcher

Marianne Sparrow

Membership Secretary [membership@eastwoodu3a.org](mailto:membership@eastwoodu3a.org)

Tel 07565 928 992

Executive Committee Members:

[eastwoodu3a@gmail.com](mailto:eastwoodu3a@gmail.com)

Website: [www.eastwoodu3a.org](http://www.eastwoodu3a.org)

### 160 little Innocent Smoothie hats passed over to Age Uk



Well done Creative Crafts members!

We are now working on

- Postbox Toppers + decorations and Bunting for u3a week – September 19 – 24<sup>th</sup>;
- pairs of hearts for the 4Louis Hearts appeal – supporting anyone who has had a miscarriage, still birth or death of a baby or child.

We continue to make scarves, blankets, premature baby clothes etc which are sent where needed ...

... some members are learning and practising new skills – crochet, patchwork.

We meet in the back room at Rumbletums on the 2<sup>nd</sup> Wednesday 1-3 pm and 3<sup>rd</sup> Thursday 10-12 noon. New members will be made most welcome.

### May Monthly Meeting Report

Andrew Smart gave us a very interesting talk about the history of Nottingham Theatres and some of the famous actors who have played there. Over the years he has reviewed many acts, plays and pantomimes in and around Nottingham and his presentation included numerous famous names that we all recognise from the past.

He reminded us of the early days of the old Playhouse and Theatre Royal plus the old Empire theatre which unfortunately disappeared.

A fascinating talk.

*Margaret Naylor*

**People have always  
named children after  
expensive things,  
Mercedes, Dior,  
Chardonnay next year  
watch out for  
Electric, Gas and  
Petrol. 😂**

... or Electra, Gazza and Petra ...

*Editor*

### FLASH MOB

As part of the u3a's 40<sup>th</sup> anniversary celebration there are going to be a number of events happening across the county. These will culminate in a Flash Mob in Nottingham Market Square on Saturday September 24<sup>th</sup>.

The Dukeries u3a are organizing this as they have a member with dance experience who is willing to organize it. It will be a simple routine which will be recorded in order to give us chance to practise. There will also be 'live' sessions available nearer the time.

If any members are interested in participating please contact me and I can give you the details. It should be really good fun and finish off the week with a surprise.

If you aren't sure what a Flash Mob is click on the link below. Don't be put off by the age and athleticism of the participants in this clip. Flash Mob is for everyone.

<https://youtu.be/ROPesXv2z1U>

Looking forward to hearing from those of you wanting to try something new.

*Chris Niven*

### 5 MILE WALKERS



Our last walk from Bogend to look at the wildflowers.

*Roger Reynolds*

**GROUP INFORMATION**

If you have ideas for new groups or need further information contact:

[groups.coordinator@eastwoodu3a.org](mailto:groups.coordinator@eastwoodu3a.org)

**All Things Environment:** meet in Sun Inn dining room on the 3<sup>rd</sup> Wednesday, 2.00 – 3.30 pm. Contact Margaret 07828 155 086

**Art Appreciation:** meet at St Mary's Church lounge on Monday 18<sup>th</sup> @ 10.30 am. Contact Helen 01773 710 743

**Bird Watching & Wildlife:** meet at Rutland Water Egleton, Rutland. LE15 8BT on Thursday 21<sup>st</sup> July. Contact Paul 07986 037 871

**Book Group:** meet 1<sup>st</sup> Monday 11.00 am at Eastwood Library. Contact Sue 01773 717 676 or Pauline 01773 788 366

**Bridge:** meet upstairs at the Horse & Groom every Monday @ 2.00 pm. **New members welcome!** Contact Maureen 07968 121 246

**Canasta:** meet 2<sup>nd</sup> Thursday 11.00 – 13.00 pm in The Sun Inn. Contact Nina 01773 717 770

**Church History:** Contact Marianne 01159 134 077

**Coffee & Co:** meets in various venues on the 4<sup>th</sup> Wednesday, 11.00 am. Contact Barbara 01159 468 721

**Coffee Mates:** members have a choice of 2 dates each month. Contact Andrea 07927 660 408

**Creative Crafts:** meet in Rumbletums 2<sup>nd</sup> Wednesday 1-2.30 pm and 3<sup>rd</sup> Thursday 10.00 – 12.00 noon. **New Members Welcome!** Contact Jackie 07580 340 014

**Creative Writing: New members welcome!** Contact Chris 07891 032 300

**Family History:** meet at The Sun Inn on the 4<sup>th</sup> Monday @ 11.00 am. Contact Diana 0115 9 169 343

**French Conversation:** meet in the Sun Inn, 2<sup>nd</sup> & 4<sup>th</sup> Tuesday 11.00 – 12.30 pm. **New members welcome!** Contact Pauline 01773 788366

**Gogglebox:** meet in the Sun Inn on the 3<sup>rd</sup> Tuesday @ 11.00 am. **New members welcome!** Contact Janet 07889 976 342

**History of England:** meet in The Sun Inn lounge, 1<sup>st</sup> Thursday 11.00 – 13.00 pm. Contact Janet 01773 770 183

**National Trust:** meet in the Dog & Parrot on the 4<sup>th</sup> July, 10.00 am. Contact Yvonne 01773 712 530

**Pétanque:** meet at The Foresters, Newthorpe on the 2<sup>nd</sup> Thursday and 3<sup>rd</sup> Wednesday @ 2.00 pm. Contact Colin 01773 715 493

**Psychology:** meet in The Sun Inn third Wednesday at 1.30 pm. Contact Jim 07977 415 072 or Diana 0115 9 169 343

**Pub Pals:** Contact Janet 07961 832 864 or Rob 07845 177500

**Spanish:** meet in The Sun Inn on the 2<sup>nd</sup> & 4<sup>th</sup> Wednesday 1100 - 12.30 am. Contact Paul 01159 133 449

**Theatre Group:** meet at Dora Phillips Hall, Eastwood on 2<sup>nd</sup> Tuesday 1.00 – 3.00 pm. Contact Marianne 01773 717 500

**Walks, 5 miles:** meet at Linby village on Tuesday 5<sup>th</sup> July at 10.00 am. **There is now a waiting list to join the group.** Contact Roger 01773 788169 for further information

**War Babies & Boomers:** Next meeting September Contact Ann warbabies@eastwoodu3a.org

**Wine Appreciation:** meet in the Sun Inn on the 1<sup>st</sup> Monday @ 7.00 pm. Contact Tom 01773 762333

**IT EXPERT NEEDED FOR THE PA TEAM**

Do you have a background in IT – from work or as a hobby?

You could be an asset to the PA Team who need someone to help them to find the answers to the problems they're having with setting up the Hybrid system.

The team have knowledge of electronics and sound but are lacking the necessary IT knowledge to recognise any problems that may be IT based.

Do you think you may be able to help? If so, please email [Ray@Dring.co](mailto:Ray@Dring.co)

**BIRD WATCHING & WILDLIFE GROUP- APRIL 2022**

WOW. What a glorious Thursday morning the Bird Watching and Wildlife group had at Aldercar flashes. The sun was shining, the birds were singing; many just back from Africa. Thankfully the Whitethroats had arrived back from Sahel, just south of the Sahara Desert in Africa. Singing their scratchy little song and displaying well. A first for a few of our members. Reed bunting, Teal, Gadwell, Shoveler, Heron, Buzzard, Kestrel, Tree pipit, Shelduck were seen along with our normal ducks. Lapwing/Peewit were calling and showing us spectacular views of their aerial breeding display. Spectacular flashes of black and white as they twisted and turned showing off their underwing plumage.

Butterflies were spotted with the Orange tip out in numbers along with Peacock and Holly Blue. Flowers were numerous with Dandelion and Celandine being the obvious ones.

Just round the corner we had lunch in the sun drenched garden of the Headstocks cafe. A lovely end to what was a fabulous morning.

*Chrys & Paul Millington*

Whitethroat



Shelduck

*Photographs by Barbara & Keith Sherwood*

**EASTWOOD IN THE 50s**

On Sunday the fifth of June the programme Footage Detectives (Talking Pictures tv - Freeview channel 82) showed an American promotional film for the movie 'Sons and Lovers'.

It was made in Eastwood sometime in the fifties and can be accessed on the channel's catch-up service by registering at [tptvencore.co.uk](http://tptvencore.co.uk).

Keith Rowley

**A SPECTACLE CASE (OR A CASE FOR SPECTACLES)**

On a recent bus journey into Nottingham I noticed three young teenage boys sitting together and staring obliviously into their Smartphones which as we all know is normal practice nowadays. What I did notice was that all three of them were wearing spectacles of a similar style which made me wonder if this was some kind of current teenage trend to make one appear to look intelligent, cool and trendy even though the glasses may not really be needed, or is it more importantly the fact that evolution of the human body has not kept pace with the explosion of technology over recent decades and normal eyesight has not evolved sufficiently enough to cope with the continuous bombardment from computer and smartphone screens in everyday life. I have many 'baby boomer' friends who didn't need to wear glasses until reaching middle age or even later in some instances which adds a degree of weight to the latter theory. Whatever is the most plausible argument, be it vanity, evolution or a combination of both, it's all good news for the opticians.

David Willey

**THINGS WE SAY TODAY WHICH WE OWE TO SHAKESPEARE:**

"KNOCK, KNOCK! WHO'S THERE?" "HEART OF GOLD"  
 "IN A PICKLE" "SET YOUR TEETH ON EDGE" "GOOD RIDDANCE"  
 "FAINT HEARTED" "SO-SO" "SEND HIM PACKING"  
 "LIE LOW" "FIGHT FIRE WITH FIRE" "BAITED BREATH" "COME WHAT MAY"  
 "WEAR YOUR HEART ON YOUR SLEEVE" "THE GAME IS UP"  
 "NOT SLEPT ONE WINK" "FULL CIRCLE" "OUT OF THE JAWS OF DEATH"  
 "WHAT'S DONE IS DONE" "NAKED TRUTH" "TOO MUCH OF A GOOD THING"  
 "LAUGHING STOCK" "BREADED HIS LAST" "BREAK THE ICE" "WILD GOOSE CHASE"  
 "HEART OF HEARTS" "VANISH INTO THIN AIR" "LOVE IS BLIND"  
 "SEEN BETTER DAYS" "MAKES YOUR HAIR STAND ON END" "OFF WITH HIS HEAD"  
 "DEAD AS A DOORNAIL" "FOR GOODNESS' SAKE" "FAIR / FOUL PLAY / PLAY"  
 "GREEN EYED MONSTER" "BRAVE NEW WORLD" "A SORRY SIGHT"  
 "THE WORLD IS MY OYSTER" "BE ALL / END ALL"



NAME SOMETHING BEGINNING WITH 'E' THAT YOU'RE NOT VERY GOOD AT!

SPELLING!



**CELEBRATING u3a WEEK**

This year u3a week is celebrated between 19 – 24<sup>th</sup> September.

2022 is the 40th anniversary of the u3a movement in the UK and some events are being set up nationally:

- a meeting of the u3a science network in July which will include an eminent scientist;
- a one day conference on Research and shared Learning carried out
- u3a members will also be offered the opportunity to attend an afternoon of lectures at the Royal Institution on 31 October;
- in December we'll discover how many trees have been planted in the u3a Wood.

Make sure you get involved!

**NOTE FROM THE EDITOR**

Thank you to everyone who has contributed to this month's newsletter. Please send your contributions for next month to: [newsletter@eastwoodu3a.org](mailto:newsletter@eastwoodu3a.org)