

Eastwood and District U3A

May 2015, Issue 11



THE UNIVERSITY OF THE THIRD AGE



Many U3A members enjoyed a social outing to York and to the Jorvik Viking Centre on Monday 13th April.

There was plenty to see in York. Besides the cathedral there are many interesting sites and plenty of shops.

Message from the Chairman

Do we stop laughing when we get old? Or do we get old because we stop laughing? Our Third Age should be a time when we allow ourselves to be happy, to enjoy each new experience and share it with like-minded friends. After a long winter we can feel the sun on our faces while walking, bird watching, gardening, or just meeting others over coffee, tea, wine or a beer.

There are times, of course, when laughter is far away. Illness and bereavement make laughter the last emotion we expect. Maybe we even feel guilty if something amuses us enough to bring a smile to our faces at such a time, but laughter can be a sign of



Visitors to York look at a model of the Cathedral and Town Centre. The famous Rose Window can be seen in the top photo.

healing and hope. I trust we all find something to laugh about, and someone to laugh with, this month.

Family History

The Family History group had its first meeting at the Sun Inn – 4th Monday 10 – 12am. See details over the page.

Dates for the Diary:

Meetings will be held on the first Wednesday of the Month at Plumtre Hall, St. Mary's Church, Eastwood.

Wednesday May 6th at 10 a.m. – Broxtowe Council Recycling

Wednesday June 3rd at 10 a.m. – Annual General Meeting

Wednesday July 1st at 10 a.m. – Wish Upon a Star



Featured New Interest Groups

The new Eastwood and District U3A Directory was issued to everyone at the January main meeting. Pick up a copy if you missed it. This will be the definitive reference for all the group activities. From now on the newsletter will only feature details of new groups and items of news about activities. The website is now functioning well and you get the latest up-to-date information at: www.eastwoodu3a.org

New Groups starting or started:

1. Coffee Mates – Andrea Sadler, 0115 938 2299
2. Wine Appreciation – Tom Hickingbottom, 01773 762333
3. Family History – Margaret Wright 01773 711 369
4. Knit Aid – Sandra Talmey, 01773 785949

There are contact people in place for all the above groups so they will be meeting during May.

If you have ideas for other groups or need further information contact Lorna or Jim Stirland on 07 977 415 072.

Group News:

The **Ukulele** group is now full. If you want to join you can be put on the waiting list. Call Judith Queripel, 01773 788 047

Stollers on May 27th meet at Brinsley Headstocks at 10:15

Social Outings

- *Thursday May 21st. National Arboretum in Staffordshire - cost £12 including coach and tour by land train. Bus will leave Morrisons at 9:30.*
- *Thursday 25th June. Grimsby Heritage Museum and Cleethorpes. We will be collecting money for this trip at the meeting on 6th May: £10 for bus, £3 for entrance and £3 for the trawler tour. To do the trawler tour you must be able to climb a 10ft ladder. Meet at Morrisons bus stop at 8.30 am*
- *Are you interested in a Scottish Highland Heritage holiday? – 6 days from October 22nd Price £238 - £60 deposit required plus £17 insurance at May 6th Meeting. If enough people, could leave from Eastwood.*

More info at Main Meeting or from Joan Morley 0115 938 3042

Visit to Royal Crown Derby



It's been a busy time for Social Outings with two trips within a month.

On Tuesday 24th March an enthusiastic group took a Factory Tour around the Royal Crown Derby.

On site is the Visitor Centre Shop and Museum and the well known Tea Room.

Thanks to Joan and her team!



At the April meeting, Ella Tongue of the Dogs Trust gave a very interesting talk about their work. A collection was made and more than £40 donated.

Items or suggestions for the newsletter? Deadline: Mon 18th May
Want to help make the web-site for Eastwood U3A?
Contact Philip Hartley: newsletter@eastwoodu3a.org