

Eastwood and District U3A

Aug 2015, Issue 14



This is a photograph of the trawler behind the Visitor Centre at Grimsby, where some of our members enjoyed a visit recently. This was followed by an afternoon trip to Cleethorpes. On arriving at the coast, some of us caught the land train along the front followed by the Heritage Train to view more of our surroundings.

Message from the Chairman

My brother died recently and I am mourning his loss. His death is not as significant as the death or life-changing illness of a spouse or partner, parent or child, or even a constant companion, but nevertheless his death has made an impact on me.

Academics will quote the stages of grieving: denial, anger, blame and depression, before final acceptance is reached, but no-one can predict or dictate the length of time each process will last, or even the sequence of events. I suspect that, due to the circumstances of his death, my period of grieving for my

brother will be short.

If you have suffered bereavement recently I hope you will allow yourself time to grieve in your own way and not feel the need to 'get on with your life' too soon. A day will come when you wake up and are happy to be in the sunshine or hear a bird sing, instead of wondering why the world is carrying on as though everything is still the same when your world has changed so much.

If you do need support in these circumstances I hope you will contact one of the executive committee members so that help can be found for you.



Philip Hartley - on the mend!

giftaid If you can't get to the meeting the gift aid form is available on the website, under Forms, Membership/Renewal Forms

How do they do it?

Did you go to Denby Pottery? Please bring your decorated frog to the August Main Meeting, ready for display in September. Give it to Janet – she'll pass it on to Jim. Thank you.

Dates for the Diary:

Meetings are held on the first Wednesday of the Month at Plumtre Hall, St. Mary's Church, Eastwood.

Wednesday August 5th at 10 a.m. – Stephen Flinders, 'Oud Ilson'

Wednesday September 2nd at 10 a.m. – Groups Display Day

Wednesday October 7th at 10 a.m. – Geoff Green, Author



Featured New Interest Groups

A new Eastwood and District U3A Directory was issued to everyone at the July main meeting. This will be the definitive reference for all the group activities. The newsletter will only feature details of new groups and items of news about activities.

The website is now functioning well and you get the latest up-to-date information at:

www.eastwoodu3a.org

New Groups starting or started:

1. Board Games – Barbara Wigley
01773 762 383
2. Cinema – starting September
Chrys Millington 07986 037 871
3. Jazz Appreciation – Paul
Turville 07971 549 229
4. Keyboard – no contact yet
5. Long Alley Skittles – no contact yet

If you have ideas for other groups or need further information contact Lorna or Jim Stirland on 07 977 415 072.

Group News:

5 mile Walkers next meeting:

Tuesday 4th Aug at 10.15 am at St Johns Church Aldercar, Cromford Road, Langley Mill. Parking is limited so contact Roger to arrange car share, perhaps from Morrisons.

Veg Gardening next meeting:

Friday 7th Aug, 2 pm at 48 Mansfield Road, Eastwood

Coffee Mates next meeting: Wed 19th Aug, 11 am at 185 Nottingham Road, Hilltop. All proceeds to When You Wish Upon a Star.

Strollers next meeting: Wed 26th Aug at 10:15 am at Bulwell Hall. Meet at the car park near the golf pavilion/cafe.

Social Outings

- *Friday 11th September. Port Sunlight Museum and Gardens – a uniquely beautiful 19th Century garden village built for the Sunlight Soap factory workers. Rated as the best tourist attraction in the Wirral in 2014. Coach trip, guided tour and entrance to museum for £18 (incorrectly shown as £16 in the June newsletter). Meet at 9 am., return to Eastwood for approx 7 pm.*
- *Thursday 22nd October. Scottish Highland Heritage holiday – 6 days*
- *Tuesday 8th December. Birmingham Christmas Market – £10 per person. Leave Eastwood at 1 pm.*

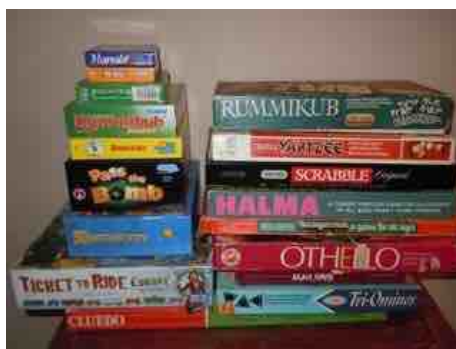
If anyone has any suggestions for outings in 2016 please contact the social committee.

More info at Main Meeting or from Joan Morley on 0115 938 3042 or Jill on 01773 765 735

Grimsby Fishing Heritage Museum.

Our trip to Grimsby on Thursday June 25th was a resounding success. We learnt a lot about the fishing fleet that was based there and how the Icelandic cod war put it out of business by extending the fishing limit to 200 miles. Some of our group went on board a trawler and saw how the fishermen lived and worked for two weeks at a time, with two days off on shore while the fish was being unloaded if they were lucky enough to have a good catch. The museum itself replicated life on board a trawler, with lifelike displays and models. It was extremely well done.

From Grimsby we went on to Cleethorpes for the afternoon and enjoyed walking along the seafront. There was a little road train that connected with a small steam train, complete with whistles and soot smuts; and of course, no visit to Cleethorpes would be complete without the obligatory fish and chips. A fabulous day out and blessed with lovely summer weather.



Boardgames began very successfully with 13 members playing Rummikub and Scrabble. Lots of games are available and future meetings will be held at The New Inn, Newthorpe Common on the 2nd Wednesday of each month from 7-9 pm.

Items or suggestions for the newsletter? Deadline: Mon 17th Aug
Want to help make the web-site for Eastwood U3A?
Contact Philip Hartley: newsletter@eastwoodu3a.org