

CHAIRMAN'S MESSAGE

Like most grandparents I have been helping with the grandchildren during the summer holidays. It's lovely to plan visits to parks, museums, the beach in the Old Market Square. Often, it's the simple things that children remember and value; learning a card game, cycling in a park, helping to bake a cake or that we have the time to listen.

Time is a precious commodity and we don't always value it until we get older. We are busy forging careers, bringing up a family and living life. Then the pace starts to slow down, our family leave home, we reduce our workload or finish work completely and suddenly we have all this time.

What to do with it? Well, if you are like me your diary will be full, but full of the things I choose to do. I don't have to fill the weekend with things that I haven't had time to do during the week. So, hairdressers, shopping, etc. can all be done when I choose and at a leisurely pace. Hobbies and interests that I didn't have time to pursue are now 'in the diary' and my brain is full and active. There are so many U3A groups that I want to join but I haven't got space yet. Aren't we lucky to have all these opportunities open to us? Time is precious in a different way and time spent with the newer members of the family is a bonus. We need each other, I need them to help me keep pace with new technology as much as they need me to explain what a beetle drive is! So, let's make sure we enjoy our time, and use it wisely. *Chris Niven*

The Poetry Group by Ann McGillivray

*The Poetry Group meets on a Friday,
And everyone has something to say.*

We read rhymes and verse

On subjects diverse –

Love, War, Animals, Family, and loss,

Seasons, Holidays, Nonsense, Sunshine, and Frost.

Find words by Keats, Lawrence, Lear, Hughes, De La Mare,

Often seasoned with the profound and funny Pam Ayre(s),

*But the one poet who always has something to say,
on subjects new and long gone*

*Is the most prolific and best known of all – the
world famous – ANON.*

Come and join us on the third Friday of the month
12.30 to 1.30 pm in the library.

The National Trust group visited the beautiful 'chateau styled' Waddesdon Manor - home of the Rothschild family for many years! The weather was atrocious but we all had a lovely time - the house and contents were fabulous with plenty to see and do. There were wonderful paintings by famous artists (even I knew the names of) also a fascinating aviary, wine cellars and shops.

The formal gardens provided a stunning display overlooking the beautiful countryside! There were different places to eat - we chose the Stables restaurant and enjoyed the food there and a really good cup of tea! Everyone enjoyed the day and would like a return visit during the Christmas season. *Claire Booth*



Members enjoyed a visit to Adams Cotswold Farm Park. It was a wonderful trip, brilliant weather and the animals were very friendly especially the goats.

We also met the new piglets that were born in the morning and were lovely. It was a great day enjoyed by all, thanks go to Joan and Jill for organising it. Well worth a visit. *Sandra Jones*

September Monthly meeting: Refreshments Rota: -

Ann McGillivray, Sandra Green, Bernadette Drake, Michael Drake

Meet & Greeters Rota: -Sue Parkin, Carol Leam, Pat Painter

Set up/Clear away Rota: - Robert Leam, Geoff Gratton, Peter Hayden, Barry Day

Signing in: - Kay Langton, Barbara Bailey

Dates for the Diary: Meetings are held on the first Wednesday of the Month at St. Mary's Church, Church Street, Eastwood.

Wed Sept 6th at 10 am

Helen Adoa, from rural child to a MP in Uganda

Wed Oct 4th at 10 am

Interest Groups Showcase

Wed Nov 1st at 10 am

Barbara Meyer 'Big cats'



Featured New Interest Groups

Now that the directory has been published the newsletter will only feature details of new groups and items of news about activities.

Latest up-to-date information at:

www.eastwoodu3a.org

New Groups for 2017:

New groups due to start: Art Appreciation - contact David Willey on 0115 8840217 and Psychology – contact Margaret Naylor on 01773 788306.

If you have ideas for other groups or need further info contact Lorna or Jim Stirland tel. 07977 415 072.

Group News:

5 mile Walkers: next walk meet Tues 5th September 10.00am at the top right-hand corner Morrisons Car Park then on to Ripley, Shirley Road Long stay car park behind the Market Place. Contact Roger Reynolds 01773 788 169

National Trust: meet Mon 11th Sept at 10.00 am at the Dog & Parrot, Eastwood. Contact Yvonne Carey on 01773 712530. Friday September 8th to Lyme Park. Thursday 19th October to Shugborough Hall.

Micro Brewery Pub Pals: Next meet 14th September at the Marlpool Brewery. Contact Yvonne Carey.

Pub Pals: Next meet 18th September at the Poet & Castle, Codnor. Contact Yvonne Carey.

Coffee Mates: is now full: next meet to fund raise for Marie Curie at Andrea's. Contact Andrea Sadler.

General Gardening: No meetings planned a new contact is needed.

Bird Watching: Next meet September 21st – Wollaton Park. Contacts Chris & Paul Millington on 01773 764 943 or 07977 436 471.

Vegetable Gardening: next meeting Friday 1st September, at 72 Moorgreen Contact Barbara Moore on 01773 770929.

Coffee & Co: next meet at Brinsley Church on Wednesday 27th Sept at 11am. Contact Barbara Gani 0115 9468721.

Strollers: next walk Wed 27th Sept at Bestwood Park. Meet in the Winding Wheel car park on Park Road in Bestwood village at 10.15. Contact Val Kennerell on 01773 712269.

Social Outings

- **12th September (Tuesday)** – visit to Chester Zoo and Zoological Gardens, Maximum cost £30.
- **Thursday 12th October Stamford** - to leave Morrison's bus stop at 9.30am. Change of date for this visit due to clash with National Trust visit.
- Watch this space for future visits like afternoon tea, dog races, pantomime and a meal.

More info at Main Meeting or from Joan Morley on 0115 938 3042 or Jill Parnaby on 01773 765 735

Discovering Nottingham:

Nottingham Castle Grounds
Thurs 7th and Tues 26th Sept.
Meet Phoenix Park Tram Stop at 10.30am or near the main entrance of the Castle at 11am. Contact Barbara Gani 01159468721

City Treasures: Meet Friday 25th August, at Nottingham Council House Arcade at 10.30 am for a tour of Nottingham University Park Campus. Wed Sept 13th visit to Victoria Embankment and Notts C.C.C. Tour. Contact Len Marsh 0115 9321230.

Nottingham's Hidden Gems: meet Tues 12th Sept either 10.30 at Phoenix Park tram stop or 11.00 at the left hand lion outside the Council House, for a guided walk around the Council House Contact Bob Ford 0781 2455380.

Bowls: meet back at Bilborough Indoor Bowls Centre on Sept 22, time 12 for 12.30 start. Contact John Stanger 01773 787 183.

Singing for Pleasure: meet again 29th September.

Ray Dring of Radio Waves will be giving talks, for any of the U3A members interested, at The Sun Inn. On the 6th October the topic will be "Atomic weapons" and on the 3rd November the topic is 'Bugging and wire tapping'. Starting time 9.30 am.

The Local History Group went to visit

The Silk Mill in Derby where they saw the Poppies Weeping Window by Paul Cummins, artist and Tom Piper, designer. They also enjoyed a guided tour of the Anglican Cathedral before crossing the bridge to visit the Catholic Church designed by the architect Pugin. They ended a very full day with a meal at the "Standing Order".

Eileen Benton



The Theatre group members went to outdoor performances of Peter Pan at Nottingham Castle and Twelfth Night at Colliers Wood. Unfortunately both turned out to be wet experiences and ended with them drenched but still enjoying the evenings. Full reports on the web site. Val Simons

October monthly meeting A reminder that it will be the Interest group display day. This is the chance for your group to showcase your activities. Please get involved to help make it a success.

December monthly meeting will be a Christmas celebration again. We are asking members to bring a plate of food to add to the buffet table where possible.

Items or suggestions for the newsletter? Deadline: Mon 18th September, 2017.

Contact Caroline Winfield: newsletter@eastwoodu3a.org