



On a wet Thursday morning 38 members of the Eastwood U3A set off on a coach trip to Bridlington. Members of the Birdwatching group had joined us and they continued on to Bempton Cliffs for a few hours with the sea birds. On arrival the clouds parted and we were set fair with blue sky. It was a time to go back to childhood days at the seaside, enjoying a paddle, fish and chips, buying rock and the obligatory ice cream or waffle. The birdwatchers rejoined the rest of us with wonderful shots of the sea birds. A good day had been had by all, another very successful visit, thanks to our Social Committee.

Jim Stirland

Message from the Chairman

I have in mind the old Bob Dylan anthem 'The Times They Are A-Changing'. So much has happened in British politics this past month: commitment to leave Europe; change of Prime Minister and replacement of many government Ministers, not to mention the leadership challenges in the Labour Party. Every day has seen more shock reports – it has felt more like an episode of *Eastenders* rather than the news. It does seem that we are in the middle of changing times. A state of change, however, need not always be negative or fearful. Your Executive Committee lost five members at the last Annual General Meeting, three of whom have been part of the committee since the inaugural meeting. They all brought enthusiasm and unique skills to their roles on the Committee and remaining members were very sorry when they decided not to stand for re-election. Five new members have been elected to replace them and have adapted their roles to take advantage of their own unique skills and experience. They bring ideas which will not only take the committee forward, but will benefit the whole membership over the coming few years. Change is inevitable; how we deal with change is a choice we make to either fear or embrace it with enthusiasm.



The Bird Watching Group had a very successful visit to Bempton Cliffs in June where we saw Puffins, Kittiwakes, Guillemots, Razorbills and Gannets. The cliffs were alive with birds and it was amazing to see them nesting on such tiny ledges. One of the highlights was seeing the Gannets soaring above the cliffs. *(photo Bill Saxton)*

A lovely group of photos on the Bird watching group web site page taken by *John Stanger*.

Wine group recommendation A superb wine from Marques de Casa Concha is this 2012 release, which could pass for a quality Rhone! Terrific nose of dark fruits with a great mouthful of blackcurrants and liquorice. Excellent length and well worth £9 from Morrisons.

Let us know if you would like to see anything different in your monthly Newsletter or on the web site.

August Monthly meeting: Refreshments Rota: - Nina Moore Shirley Reynolds, Judith Fletcher.

Meet & Greeters Rota: Jack McHenry, Yvonne Carey, Dell Hickingbottom.

If you are unable to attend ring the new contact Carol Leam on 01773 762823.

Dates for the Diary: Meetings are held on the first Wednesday of the Month at St. Mary's Church, Church Street, Eastwood.

Wed Aug 3rd at 10 a.m.

Rosemary Beney - Velocipedes

Wed Sept 7th at 10 a.m.

Open Day – Interest groups' displays.

Wed Oct 5th at 10 a.m.

David Amos



Featured New Interest Groups

Now that the directory has been issued the newsletter will only feature details of new groups and items of news about activities. Latest up-to-date information at: www.eastwoodu3a.org

New Groups proposed for 2016:

Radio Waves: Contact Ray Dring 01773 770 138

Pub Quiz Teams: Contact Val Kidd 01773 761 501.

Creative writing will meet on the 2nd Monday of each month in Eastwood Library at 2.00 pm. Contact: Chris Niven 07891 032 300.

Discovering Nottingham: Contact Barbara Wigley 01773 762 383

Theatre Group: Contact Val Simons 01773 710 518. Meet 1st Thursday at Dunn Lite at 2 p.m.

If you have ideas for other groups or need further info contact Lorna or Jim Stirland tel. 07977 415 072.

Group News:

5 mile Walkers: next walk Tues 2nd August. Meet 10.00 am top right of Morrisons car park then on to Strelley Hall, parking on road or small area across from Hall entrance. Contact Roger Reynolds on 01773 788 169.

Bowls: meet at Brinsley Outdoor Bowls Club, Brinsley at 1.45 pm. Contact John Stanger on 01773 787 183

Pub Pals: next meet on Mon 15th August at the Nelson & Railway, Kimberley. For further details call group contact Yvonne Carey.

General gardening: meet August 18th, 2 pm at Felley Priory car park for 'Roses & Borders'.

Coffee Mates: next meet on Wed 17th August at The Parish Hall & Pavilion, Brinsley. Please contact Andrea if you want more info.

Strollers: next walk Wed 31st August, meet 10.15 at free car park in front of Jacksdale Community Centre. Walk along Cromford Canal to Codnor Reservoir, more info contact Val.

Vegetable Gardening: next meeting August 5th 2.00 pm. at 12, Newthorpe Common. Sept 2nd at Mansfield Rd.

Social Outings

- **September 9th** a visit to Calke Abbey. Will take advantage of the free entrance for the Heritage weekend, cost £8 bus fare only. Pick up at Morrison's bus stop at 10 am.
- **December 7th** to Thursford Christmas Extravaganza & free time in Norwich. A 3 day/2 night visit, staying at Yarmouth Prom Hotel £199. A £50 deposit ASAP to Joan.
- **Sunday 7th August** an evening with Elvis at The Junction at Sutton. Paul Richie is a top rated Elvis tribute act. Tickets in advance cost £7.50. The evening begins at 6 p.m. with Paul on stage at 7 p.m. Simple meals served 6 to 8 p.m. from £6.95. If enough interest could have a bus otherwise car share. See Joan or Jill.

More info at Main Meeting or from Joan Morley on 0115 938 3042 or Jill Parnaby on 01773 765 735



The Craft Group visited the David Nieper factory in June for a pre arranged guided tour. On arrival everyone looked around the factory shop which gave them lots of ideas. The tour included all aspects of their work from the design stage through to the finished products. It began with a potted history of the beginnings of the business, which is still in family hands. Group members had the chance to tie the bows that decorate garments and to make covered buttons. It is a very friendly place to work; many of the workforce have been there a long time.



Do you recognise this young man who went for an audition to be a weatherman on East Midlands TV? Or was it taken on Past And Present group's tour of Radio Nottingham and East Midland TV studios tour? Everyone thought it was great.

Unfortunately their July visit to Strelley Hall and Church with afternoon tea will be their last visit for a while owing to David's illness. Further tours will be arranged as soon as possible.

Jazz appreciation group are anxious to recruit new members. A proposal has been made to move the day of meetings to the third Tuesday of the month from 2.00- 4.00pm, at The Sun Inn, in the downstairs dining room. This will be discussed at the July meeting and a decision made then. If this is accepted the next meeting will be **August 16th at 2 pm:** Theme is 'Instruments in Jazz'. Members will bring along recordings of favorite pieces with the emphasis on individual musical instruments or groups of instruments. Check the noticeboard for final arrangements for this meeting. Any queries please get in touch with the group contact.

Items or suggestions for the newsletter? Deadline: Mon 15th August, 2016. Contact Caroline Winfield: newsletter@eastwoodu3a.org

Contact Janet O'Neill, Membership Secretary, 07961 832 864, or email membership@eastwoodu3a.org
Executive Committee members: EastwoodU3A@gmail.com; Website: www.EastwoodU3A.org